



# **BIG BANG** SERIES

## **DIRT DUATHLON**

**NAVIGATE ON FOOT AND BIKE, DAY & NIGHT**

We will not be checking all your kit but do wish to sight your emergency bag and rainy jacket at each registration, and the torch for the night event. Please note the recommended and compulsory kit.

The kit is there for your safety, especially for the winter weather. You are required to carry the compulsory kit with you for the whole event (except for your bike, helmet and bike gear) Be prepared!

### **Compulsory per person**

Head torch (night event)

Survival bag

Rainy jacket

Thermal top

Whistle

Bike

Safety approved helmet

Bike lights, front and rear (night event)

Beanie

Compass

Red items are to be sighted by Dirt Duathlon crew at registration

### **Recommended per person**

Thermal bottoms

Fleece

1<sup>st</sup> aid kit